

----- Original message from "Alston, Joshua" <Joshua.Alston@Newsweek.com>: ---  
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To Whom It May Concern:

I'd previously sent this e-mail to ebonyoa@att.net, but I wanted to copy it to the other addresses I found on the site just to make sure someone has read it.

My name is Joshua Alston and I'm a reporter for Newsweek Magazine.

I'm in the early reporting phases of a story about special composition recovery groups, focusing specifically on African-American recovery groups such as Ebony OA. In pursuing the story, I have a few quick questions, and perhaps more if you and members of your group are willing to speak about your experiences on record.

I'd really like to do this story because I think there's really something to be said about black people coming together to discuss solutions to issues that affect us disproportionately, obesity obviously being one of those issues.

Are you aware of similar groups to Ebony OA for other addictions such as alcoholism, narcotics, etc? Would you be interested in talking further? Please let me know. Also note that because I am in the initial stages of the reporting I haven't yet discussed the story with my editor, I cannot yet promise complete anonymity. However, should we end up talking and a story materializes, I will certainly work with you on that issue.

Thanks in advance for your help,

Joshua Alston  
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Newsweek Magazine  
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212.445.4097

-----Original Message-----

**From:** ebonyoaii@worldnet.att.net [mailto:ebonyoaii@worldnet.att.net]

**Sent:** Wednesday, August 30, 2006 6:44 PM

**To:** Alston, Joshua

**Cc:** recoveringfa@yahoo.com; Roadmaster8@aol.com

**Subject:** RE: Newsweek Story--Special Composition Recovery Groups

Hello Joshua,

This is Angela J. who spoke with you by phone a few months ago regarding Special Composition Recovery Groups.

In your response to me you mentioned you needed corroborative information such as a study that demonstrates how Cultural Focus Groups benefit members more than do main stream groups with this in mind I suggest "Bridges to Recovery", by JoAnn Krestan, (ISBN

0-684-84649-7) a great study on Multicultural Treatment and visit the AA Native American Indian: <http://www.naigso-aa.org/>

As you can tell I'm very passionate about 12 Steps Fellowships moving into the total realm of Cultural Inclusion and sense that media coverage is a method to expose this exciting new trend!

Please keep me posted of your progress,

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ebonyoaii@att.net

Ebony OA is a Special Emphasis Support Group geared towards African Americans dealing with compulsive overeating and other eating disorders.

<http://ebonyoa.home.att.net>